

Key Message and Tips for Beneficiaries: Home Health and Other Home and Community-Based Services



Message

Medicaid has programs that can help you stay at home or return home from an institution while still getting the help you need. Home and Community-Based Services (HCBS) help people who are elderly or disabled. Some of the services you may be able to get include:

- Adult day health services;
- Case management;
- Habilitation;
- Home health aide services;
- Homemaker services;
- Personal care services; and
- Respite care.[1]

First, your doctor will need to review your condition and make sure you need services at home. You will discuss what services you need with your doctor.[2]

Next, a case manager will help you write a service plan that lists the services you will get at home, how often you need care, who will help you, and whether you need any medical supplies. Your doctor must also approve your service plan.[3, 4]

TIPS

- Make sure your service plan is current; and reviewed at least once a year;
- Never ask your helpers to do something not in your service plan;
- Call your case manager or doctor if you need more help; and
- Report any changes in your circumstances.

HCBS are different in each State. For more information about HCBS available in your area, visit <http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-State/By-State.html> for a link to your State Medicaid agency.



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1 Home and Community-Based Waiver Services, 42 C.F.R. § 440.180(b). Retrieved June 3, 2015, from <http://www.ecfr.gov/cgi-bin/retrieveECFR?gp=1&SID=5a82825d72560cad86b35c935ce7fb6d&ty=HTML&h=L&r=SECTION&n=42y4.0.1.1.9.1.112.26>

2 42 C.F.R. §§ 441.535, 441.720. Retrieved June 3, 2015, from <http://www.ecfr.gov/cgi-bin/text-idx?SID=f900ff-f862a92a0561b1b2bd7b7ef1bf&mc=true&node=pt42.4.441&rgn=div5>

3 Person-Centered Service Plan, 42 C.F.R. § 441.540. Retrieved June 3, 2015, from <http://www.ecfr.gov/cgi-bin/text-idx?SID=f900ff-f862a92a0561b1b2bd7b7ef1bf&mc=true&node=pt42.4.441&rgn=div5>

4 Person-Centered Service Plan, 42 C.F.R. § 441.725. Retrieved June 3, 2015, from <http://www.ecfr.gov/cgi-bin/text-idx?SID=f900ff-f862a92a0561b1b2bd7b7ef1bf&mc=true&node=pt42.4.441&rgn=div5>